



Conscious project is co-funded by the Rights, Equality and Citizenship Programme of the European Union (2014-2020) under the Agreement n. 810588

### CONSCIOUS

An inter-systemic model for preventing reoffending by perpetrators guilty of sexual abuse and domestic violence

Start date of project: 22<sup>st</sup> October 2018.

Duration: 20 months

<b>D 2.5 – Operational Protocol 2</b>	
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WP leader	ASL Frosinone
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<b>Dissemination Level</b>		
PU	Public	X
PP	Restricted to other programme participants (including the Commission Services)	
RE	Restricted to a group specified by the consortium (including the Commission Services)	
CO	Confidential, only for members of the consortium (including the Commission Services)	

## PROTOCOL 2

### between

- *ASL Frosinone*
- *Ordine degli Avvocati di Frosinone*
- *Ordine degli Avvocati di Cassino*
- *Provveditore Regionale Amministrazione Penitenziaria Lazio, Abruzzo, Molise*
- *Il Garante delle persone sottoposte a misure restrittive della libertà personale del Lazio*
- *Centro Nazionale Studi e Ricerche sul Diritto di Famiglia e Minori* Protocol
- *Associazione Insieme verso Nuovi Orizzonti Onlus*

### WHEREAS

- The Conscious Project introduces in the intra and extra prison environment a model of treatment and support addressed to the perpetrators and creates an inter-systemic network of cooperation aimed to diminish domestic violence, gender-based or against minors, reducing the recidivism.
- The Project is co-financed by the Program Rights, Equality and Citizenship Programme of the European Union (2014-2020) and it is led by the Dipartimento Salute Mentale e Patologie da Dipendenza of the ASL Frosinone in partnership with the Garante delle persone sottoposte a misure restrittive della libertà personale del Lazio with the European Network for the Work with Perpetrators of Domestic Violence and with the Centro Nazionale Studi e Ricerche sul diritto della Famiglia e dei Minori.
- The approach of the Project includes treatment activities and prevention routes. An organised service at the ASL Frosinone will be started for perpetrators sent by professional lawyers, the court and law enforcement agencies, ASL employees.
- The endorser Institutions delegates will participate in formation activities and/or capacity building and mutual learning. The Project establishes the realization of an economic-financial impact assessment resulting from the implementation of the model within the national and european context, ascertaining the replica.
- A promotion releasing the aim of the Project will be also conducted by the courts of Frosinone and Cassino, involving the Ordine degli Avvocati di Frosinone and the Ordine degli Avvocati di Cassino.
- The Project sets out, furthermore:
  - to acquire and improve the professional proficiencies of the health workers and of the lawyers for the treatment of the perpetrators and their management for prevention.
  - to achieve new treatments services, available and accessible in the health and social services system.
  - to organize a Governance and activate operative synergies related to fighting violence and preventative measures by the social-health, legal, public safety system.
- The Questura di Frosinone, that has taken part in the ground workshops for the settlement of the Protocol with an expert representative, will proceed to an eventual official acceptance and subscription according to the procedural and administrative process, provided by its internal rules.
- The Procura di Frosinone, that has taken part in the ground workshops for the settlement of the Protocol with a specialist representative, expresses interest about the project initiatives, in accordance with its institutional mandate.

## WHEREAS AND PURSUANT TO THE ABOVE SAID

### **Article 1 - Operating area of the Protocol**

The present Protocol has been approved and will be operative among the endorser parties.

The aim of the Protocol is to send the people with violent behaviors in the domestic environment against women and/or minors, from the systems of Justice, Security, Volunteers, Health and Social services to the specialistic treatments. The referral to treatment is aimed to prevent the escalation of aggressive and violent behaviors and to contribute to the prevention of recidivism. Additional subscriptions will be considered by the endorsers on the basis of specific requests and in regard to specific requisites, pursuant to article 2 of the present Protocol. The subsequent possible acceptance of the Questura di Frosinone to the subscription of the Protocol has been pre-accepted by all the endorsers.

### **Article 2 - Involved subjects**

The present Protocol provides for the subscription from public and private non-profit subjects that promote a culture of equality of gender, mentioned in their Charter or Act of incorporation and/or that actively conduct interventions directed to this aim, even through the participation of non-violence desks

### **Article 3 - Aims**

The Operative Protocol is the instrument to promote a constant debate, in a system logic, on the strategies to diminish behaviors of domestic violence, gender-based or against minors.

Specific aims of the Protocol are:

- To prevent the violent behaviors of people that voluntarily will implement the specialized treatment.
- To promote the subscription to the specialized treatment for all the people who present uncontrollable aggressive instincts in domestic relationships and with minors.
- To inform and to send to specialized treatment the people displaying the requisites of applicability and suitability.
- To promote the work of the network among the endorser Institutions for sharing the treatment paths and for a combined evaluation of the results.
- To promote the exchange of competences among the involved subjects for a mutual learning

### **Article 4 - Activities**

Every endorser party, as far as it is concerned, that finds out about facts/ acts that could constitute any form of domestic violence, gender-based or against minors, commits to promote the participation to appropriate specialized treatments, promoted by the Conscious Project.

The specialized treatments already activated in ASL Frosinone for the people not in custody are:

- **Helpdesk for the therapy of the impulsive conducts** (T.C.I.) addressed to subjects with a recent story of impulsive/violent acts/abuses against women, relatives or minor in domestic environments, who do not present any associated psycho-pathological or organic disorder.
- **Counseling center and treatment of the violent impulsiveness** (GATIV) addressed to subjects with impulsive/violent acts/abuses against women, relatives or minor in domestic environments, with also eventual association of use of drugs and/or psych-pathology that do not compromise the self-reflection and relational abilities.

Both treatments are groupwork and weekly. Every treatment will begin only on a voluntary basis, complying with the principles of the safeguard and the guarantee of the privacy. Every sender will propose the corresponding treatment according to the access requisites, achieving also forms of “accompaniment” to the service.

At the moment of the first phone contact, the sender will give information about the reason of the referral and about the absence/presence (typology) of current legal actions. If available, it will also give information about the frequency of other health treatments and about the behaviors in the use of drugs.

In the case of a first interview, the sender will give to the health service of treatment, a written report about the information received in the phone conversation and other information considered worthwhile.

The formal informed consent therefore will have to be acquired, it must contain specific indications about the exchange and the acquirement of substantial information among the network services, explicitly specified for the specific treatment aims.

The ASL Frosinone service of specialized treatment will give to the sender a feedback related to every referral.

Before the beginning of the treatment, the following steps are planned:

- Acquisition of the elements of evaluation of the risk.
- Evaluation of the clinic pertinence, also for the purpose of the eventual identification of the most suitable treatment;

The requisites of qualification/disqualification to the treatments “Therapy of the impulsive behaviors (T.C.I.)” and “Counseling Group and Treatment of the Violent Impulsivity (GATIV)” are indicated in the Annex n.1, that is an integrated part of the present Protocol.

The participation in the specialized treatment cannot in any way automatically correspond to a protection factor against the risk of recidivism and therefore cannot be used in this sense.

#### **Article 5 - Monitoring and Evaluation**

The activities planned in the present Protocol, will be periodically monitored and evaluated.

On the basis of the results of this evaluation an integration/modification of the present protocol will eventually be arranged, by common accord among the parties, also in reference to further needs that could emerge during the partnership or to the need and the convenience of a more accurate definition of instruments and cooperation modalities.

#### **Article 6 - Duration**

The present Protocol is experimental and will last 24 months starting from the subscription date. It will be implicitly renewed at the expiry date, except for different agreements among the parties.

The present document is subscribed by

- ASL FROSINONE - Commissario Straordinario - dr. Luigi Macchitella
- ORDINE DEGLI AVVOCATI DI FROSINONE – Presidente Consiglio dell’Ordine  
Avv. Vincenzo Galassi

- ORDINE DEGLI AVVOCATI DI CASSINO – Presidente Consiglio dell’Ordine  
Avv. Gianluca Giannichedda
- PROVVEDITORE REGIONALE AMMINISTRAZIONE PENITENZIARIA LAZIO, ABRUZZO, MOLISE –  
Provveditore – dr.ssa Cinzia Calandrino
- GARANTE DELLE PERSONE SOTTOPOSTE A MISURE RESTRITTIVE DELLA LIBERTÀ PERSONALE DEL LAZIO –  
Garante Prof. Stefano Anastasia
- CENTRO NAZIONALE STUDI E RICERCHE SUL DIRITTO DELLA FAMIGLIA E DEI MINORI (CNSRDFM), avv.  
Lello Spoletini
- ASSOCIAZIONE INSIEME VERSO NUOVI ORIZZONTI ONLUS- Rappresentante Legale- Drsa Angela Croce

## ANNEX 1

### ASL FROSINONE DIPARTIMENTO DI SALUTE MENTALE E PATOLOGIE DA DIPENDENZA

Referral method: Call 0775/8822148 on Monday morning from 9 to 12 for information and appointments

1. At the moment of the first phone call, the sender (INSTITUTIONS, LAWYERS, HEALTH SERVICES) will give information about:
  - . the reason for the referral
  - . the absence/presence (typology) of current legal acts
  - . Information about the frequency of other health treatments and on eventual behaviors in the use of drugs, if known
2. The appropriate treatment will be identified during the phone call, in relation to the following acceptance guidelines and a first meeting will be agreed.

#### **THERAPY DESK OF THE IMPULSIVE BEHAVIORS (T.C.I.)**

The desk offers a reception and psychotherapy service to the people considered suitable for the treatment, who show impulsive or violent behaviors in a domestic environment. The treatment will be conducted in a psychotherapy group.

The group, formed with the maximum of 10 people, will follow a weekly therapy, lasting about 1 year, with 2 psychotherapists.

The desk is open on Fridays for the phone call, the interviews and the group psychotherapy sessions.

#### **Reception steps**

A written and signed report on the case will be requested by the sender, which includes the information given during the first phone call and other eventual information on the case. The report must reach the service in shortest time and before the beginning of the treatment.

The ASL employees will implement:

- . Evaluation from the team with clinic interview and test
- . Feedback of the possibility of the acceptance in the therapy group, with eventual indications for possible alternatives to the treatment

#### **Guidelines of inclusion in the treatment**

- . Persons with a recent story of impulsive/violent acts/ abuses against women, relatives or minors in a domestic environments

#### **Guidelines of exclusion from the treatment (NOT associable in an homogeneous therapy group with abusers)**

- . Violent behaviors due to organic pathologies
- . Repeated violent behaviors acted under the effects of drugs or during withdrawal crisis
- . Psychiatric pathologies of psychotic type
- . Simultaneous participation in therapeutic treatments at UOSD DCA of the victims of the referred subject
- . Reduced or absent capacity of awareness, introspection and psychotherapeutic self-analysis
- . Sex-offenders and suffering from paraphilias, ex prisoners sentenced for female homicide.

### **Clinical activities of the Desk T.C.I.**

- . Clinical and social evaluation, followed by an eventual inclusion
- . Group psychotherapy with the opening of a medical record
- . Group of maximum 10 people (with an eventual waiting-list)
- . 1 year long treatment

During the treatment, 2 time windows will be opened for new admissions.

Call 0775/2072588 on Friday morning from 9 to 12

### **COUNSELING GROUP AND TREATMENT FOR VIOLENT IMPULSIVITY (GATIV)**

The service, pertinent to the responsibility of the Conscious Project (WP 3 - D.3.3), offers treatments of individual evaluation and of group psychotherapy to the people who show impulsive behaviors with domestic violence, gender-based or against minors.

#### **Acceptance stage**

In case of first meeting with the person, the sender will compile a written report, displaying the information given during the phone call. The ASL employees will implement a clinical evaluation, also with the help of tests. An interview of feedback will give indications about the treatment plan and/or the referral to other services for the treatment of different pathologies.

The service is free and does not request any medical referral.

#### **Guidelines of inclusion in the treatment group**

- people with impulsive/violent acts/abuses against women, relatives or minors in the domestic environment, also in association with the use of drugs and/or psychopathologies that do not compromise the self-analysis and relational capacities.

#### **Guidelines of exclusion from the treatment group**

- people with impulsive/violent acts/abuses against women, relatives or minors who have repeated crimes of other types, or rather with limited or absent self-analysis and relational capacities.
- People with current acute pathology (to which the eventual treatment will be postponed to balanced stages)

#### **Evaluation of the clinical pertinence and of the risk**

1. The subjects, after the first acceptance interview, will implement a short period of personal evaluation
2. Instruments of psychodiagnostic evaluation, including tests, will be used
3. An interview of feedback will be given with the eventual definition of participation to the counseling group and to the Treatment for the violent impulsivity (timing of entrance and treatment)

#### **Treatment**

The treatment will be with a group setting and considers the participation of a maximum of 10 people, it will be weekly and will last 2 hours, led by 2 psychotherapists. The group considers entrances in an ongoing way, being understood that the maximum number of participants is 10. At discretion of the leaders, a parallel individual treatment can be proposed

#### **Contacts**

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