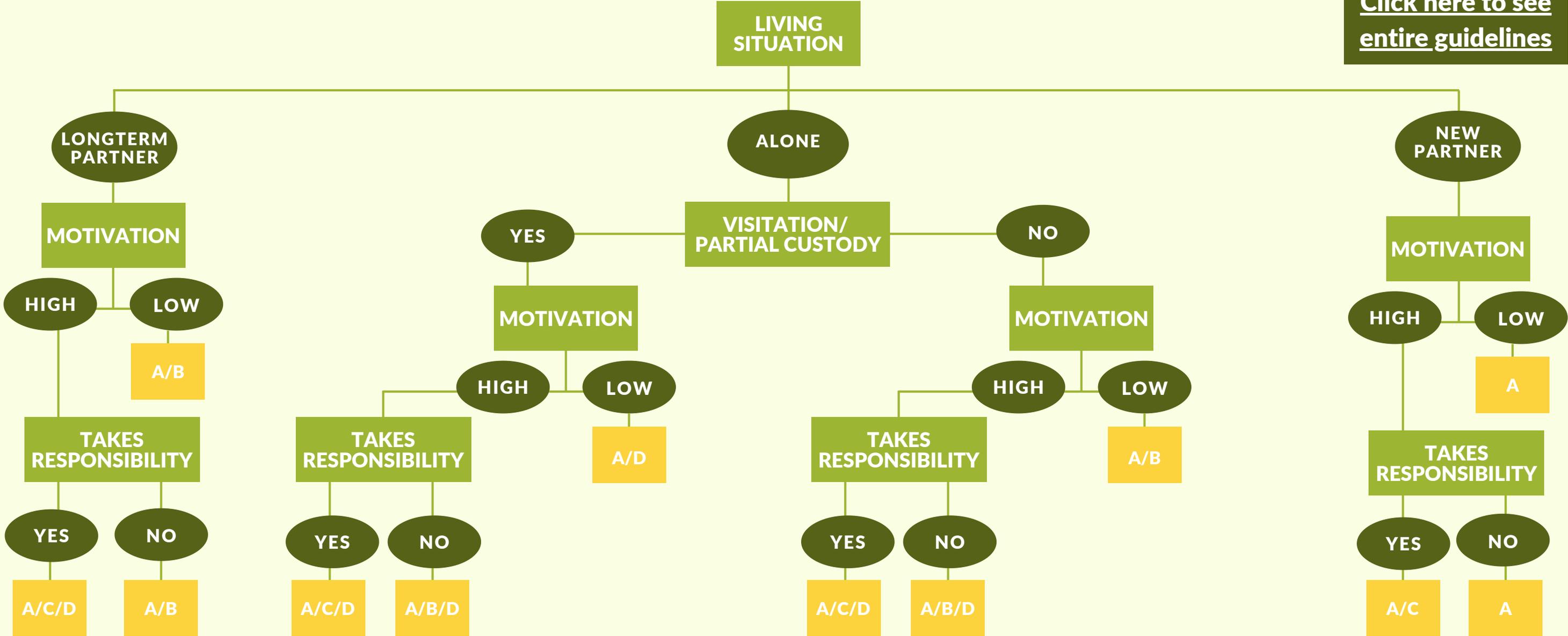


ENSURING RESPONSIBLE PERPETRATOR WORK DURING COVID-19

| HIGH RISK PERPETRATORS ALREADY IN PROGRAMMES

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Individual weekly support via phone/Skype

Individual support can be offered via phone or Skype on a weekly basis if the situation is stable. Suggested length would be between 45 minutes and 1 hour. Always allow for extra time (at least 30 minutes more), in case the level of arousal or agitation is such that you need time to talk the man down. This may be caused by the circumstances, but any arousal from interventions should be avoided as much as possible.

Intensive individual support via phone/Skype

In situations of higher risk, a more intensive approach might be necessary. In this case one idea might be to have short daily (or every 2 or 3 days, depending on the situation) 15-minute morning check ins. The idea could be to briefly address 3 questions: Something good you expect out of today? What problems do you expect today? How do you think you could overcome these problems? In the intensive support, if there are children in the household, make sure you also address the children's safety and wellbeing. Additionally, you should schedule phone/skype calls 2-3 times a week. See intervention A for indications.

Group format via online services (Skype, Zoom, etc.)

In some specific circumstances, it might be worth considering having group formats. In most cases these would be groups that met before and have some previous experience of being together. We would caution to not start new groups in this period. These group sessions WOULD NOT be normal group sessions transferred online. These would be specific "crisis" group COVID-19 emergency sessions.

Partner support

Specific care should be taken to assure that communication with partners protects all online activities and be aware of the ways in which technology may compromise safety. Make sure partners know how to delete or clear all "footprints" from computer or online activities. Please also be aware of the risks posed by stalkerware. As we do not know if the woman is in a safe situation that allows her to talk (away from her partner or children), it might be good idea to send her an SMS message asking if she can talk by phone in a private setting. If she cannot talk, tell her she can communicate with you through WhatsApp or you could offer to exchange emails, so that she can have more privacy in case she is not alone, to assess the situation. If you can proceed with the partner contact you can assess how the situation is going at home

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