

REPORT OF THE WWP EN STUDY VISIT TO ESTONIA from 8th of June to 10th of June 2022

HOST ORGANISATION from Estonia: **NGO VAITER (VAImse TERvise Edendamise Kompetentsikeskus – mental health developmental competence center):**

- Founded 2018
- Activities and services for preventing and minimizing violence
- Main programs -" Caring Dads" and "Women without violence"; therapy (for ex. trauma focused - work at the clayfield method); different trainings
- Project activities, international cooperation (WWP-EN, UK, Canada, Finland, Slovenia, Latvia etc.)

PARTICIPANTS:

Bledar Zeneli from CLMB, Albania

Michael Farrugia from Foundation for Social Welfare Services, Malta

Kadri Gashi from Center for counselling, Social Services and Research SIT, Kosovo

Christa Heikkilä from Lyömätön Linja Espoossa ry, Finland

Daniel Antunovic from UZOR, Croatia

Egle Porcelli from L'Istrice A.P.S., Italy

Carola Iacono from L'Istrice A.P.S., Italy

Antonia Montanus from WWP EN, Germany



AGENDA of WWP-EN STUDY VISIT TO ESTONIA FROM 8TH OF JUNE TO 10TH OF JUNE 2022

8.06.2022 (Wednesday)

MINISTRIES' HOUSE. [Greetings and welcoming words from Signe Riisalo](#), the Minister of Social Protection.

Representators from [Ministry of Justice](#) and from [Ministry of Social Affairs](#) give overview of Estonian system and services with working both with perpetrators and with victims of violence.

Presentation from **Ministry of Justice** can be found [HERE](#).

Presentation from **Ministry of Social Affairs** is added separately.

Coffee and snacks

Brief overview of [NGO VAITER](#)'s activities and services and overview **how Estonia, Latvia and Slovenia got the "Caring Dads" program** (<https://caringdads.org/>). For more information look at <https://vaiter.ee/erasmus-plus-2018-2021/> or [Hoolivad isad-Vaiter](#) or contact to

Sigrid Petofer Sigrid@vaiter.ee or Keete Janter keete@vaiter.ee

Nice dinner together at [Rataskaevu 16](#) LOOK FOR MORE PICTURES <https://www.facebook.com/vaiter.eesti>

9.06.2022 (Thursday)

[Social Insurance board \(SIB\)](#) where representators from SIB gave overview about the support line for perpetrators and the victim support system in Estonia. SIB is also a member of WWP from 2021.

Lunch at restaurant [KIUS](#)

TALLINN CHILDREN'S HOME and visit to a **MOTHERS' AND CHILDREN' SHELTER** where we visited a shelter and got overview of services in Tallinn Children's Home.



WORKSHOP about “[How we do the Caring Dads program in Estonia](#)”. Discussion with some of our CD facilitators more deeply with a surprise guest – online participated also Dermot Brady from UK, who trained Estonian facilitators together with his colleague Elaine Gaskell-Mew.

A cultural experience also – visiting [FOTOGRAFISKA](#) to see the exhibitions there

DINNER in [ÜLO](#) together with NGO VAITER’s facilitators **LOOK FOR MORE PICTURES** <https://www.facebook.com/vaiter.eesti>

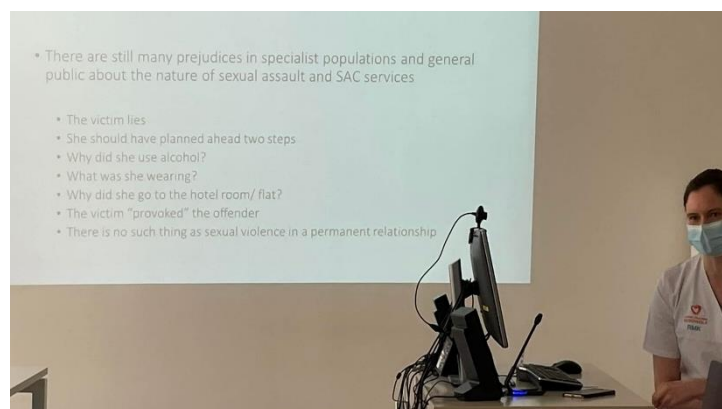
10.06.2022 (Friday)

[Sexual Assault Centre \(SAC\) in Lääne-Tallinna Keskhaigla](#) - got overview of how we work and help victims of sexual assault in Estonia.

[Tallinn Family Centre](#) – there we were told about municipalities’ services offered for Tallinn citizens concerning mental health and well-being among families.

And so the study visit of 2022 to Estonia has come to an end - conclusions of study visit.

LOOK FOR MORE PICTURES <https://www.facebook.com/vaiter.eesti>



Brief overview of NGO VAITER (founded 2018)

Board members **Õnne Liv Valberg** and **Keete Janter**. We offer different services and trainings; developing projects. All our activities and services are meant for preventing and minimizing violence. We do have ca 50 specialists involved – therapists, social workers, social pedagogues, psychologists, family therapists, counsellors, supervisors, coaches....

Our main programs offered are "Caring Dads" and "Women without violence"; therapy (for ex. trauma focused - work at the clayfield method); different trainings. We do value international cooperation (WWP-EN, UK, Canada, Finland, Slovenia, Latvia).

More about programs

22 facilitators of „Caring Dads“ program in Estonia

In 2 years in Estonia 10 groups of „Caring Dads “,

(2021 5 groups with 73 dads and 177 children).

NGO VAITER is a licenced partner of Caring Dads program (Canada) in Estonia.

For more information: Hoolivad isad-Vaiter

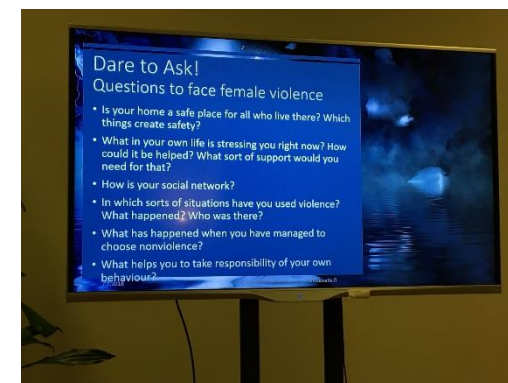
<https://caringdads.org/>



Program „Women without violence“ - individual counselling and groupwork for women, who use or are potentially using violence in their close relationships – family members (children, partners, parents, also pets etc), on other close relations and/or themselves. NGO VAITER in licensed partner of Maria Akatemia's (Finland) program „Women without violence“ in Estonia.

For more information: Naised vägivaldata – Vaiter

In year 2021. 3 groups – web based and contact groups.





Project “Rising the awareness of Estonian specialists about domestic violence“ (01.09.2021-28.02.2023)

- Aim is to reduce violence and gender-based violence among Estonian society and to raise the awareness of specialists working in the field.
- As a result of the project there was created an analysis about the need of training of the specialist and 2 training programs according to the needs (6 hours long and 36 hours long programs).
- There will be 12 trainings all over Estonia – web based and contact ones
- Project partner is MARTA Center from Latvia
- Project is financed by EMP and Norway grants (period 2014–2021 and program Local Development and Poverty Reduction. Duration of the project - 18 months: 01.09.2021-28.02.2023. <https://vaiter.ee/teadmistegatargemaks/>

Iceland 
Liechtenstein
Norway grants



Presentations from Ministry of Social Affairs, NGO VAITER, SIB, Tallinn Children’s home, SAC, Tallinn Family Centre are added separately.

Raport written by Keete Janter (board member)

by the name of NGO VAITER

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