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The WWP EN **IMPACT Outcome** Monitoring Toolkit



The WWP EN IMPACT Outcome Monitoring Toolkit
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1. Introduction

The European Network for the Work with Perpetrators of Domestic Violence (WWP EN) believes that effective work with those who perpetrate violence in close relationships is an impactful tool to end intimate partner violence. However, to ensure safe, effective and accountable perpetrator work, all Domestic Violence Perpetrator Programmes (DVPPs) should work in accordance with both the Istanbul Convention and the criteria set out in the WWP EN Guidelines to Develop Standards for Safe & Victim-Centred Perpetrator Work.¹ According with these provisions, the safety of victims (i.e. women and children) must be any perpetrator programme's first priority. The main objective when assessing the programme's impact should be monitoring and evaluating whether they are meeting this goal of survivor safety (Hester et al., 2014).

Until now, DVPP evaluations have used different methodological designs and tools to measure outcomes (Akoensi et al., 2013; Hester et al., 2014), which has severely limited the conclusions that can be drawn about the impact of programmes on victim safety and its relationship to process variables, such as programme length, facilitators' interventions, programme content, delivery format. WWP EN is working towards introducing the WWP EN IMPACT Outcome Monitoring Toolkit (IMPACT Toolkit), which we present in this publication, into programmes across Europe and beyond. The information gathered by organisations using the IMPACT Toolkit will enable us to make national and international outcome comparisons. This data will show which perpetrator programmes have effective and impactful approaches, allowing for evidence-based recommendations on the work with perpetrators of domestic violence.

The IMPACT Toolkit is an outcome measurement tool that enables organisation to evaluate changes in perpetrators' behaviour, as well as the impact of that behaviour on the victim, therefore considering the possible changes to survivor safety. With the help of the IMPACT Toolkit, programmes will know whether their work is having the intended effect of truly making and keeping survivors safe.

1 For further information see: <https://www.work-with-perpetrators.eu/resources/guidelines>

2. Background

In 2013 and 2014, as part of the EU-funded IMPACT Project, seven organisations from across Europe came together to give an overview of current outcome monitoring practices in European perpetrator programmes, as well as European outcome research. Quickly, the limitations of the available research and tools became evident, leading to the decisions of developing the IMPACT Toolkit.²

The organisations began by conducting a survey on outcome monitoring practices and needs among European perpetrator programmes (Ginés, Geldschläger, Nax & Ponce, 2015). Results showed that DVPP were following different evaluation models, and thus, different approaches to outcome measurement. They concluded that it was crucial to reach an agreement on one evaluation model that would overcome the difficulties regarding the different methods and instruments used across different programmes. To overcome this issue, Lilly-Walker, Hester, and Turner (2016) suggested a standardized methodology that consisted of collecting specific information on several outcomes (expanding the understanding of outcome) and longitudinally in the course of the programme (i.e. at different time-points), throughout the course of the DVPP. The design of the WWP EN IMPACT Toolkit is consistent with Lilly-Walker et al.'s proposed methodology and helps to standardise the programmes' evaluation with the aim of creating a European database. The evidence collected in this database will be used to develop policy recommendations.

Since the end of the IMPACT Project in 2014, WWP EN has taken over the maintenance and development of the IMPACT Toolkit and has expanded it in accordance with current developments in perpetrator treatments.

2 For further information see: <https://www.work-with-perpetrators.eu/projects/project-impact>

3. The WWP EN IMPACT Outcome Monitoring Toolkit

3.1. What is the purpose of the toolkit?

Perpetrator work is based on the belief that men can change their abusive behaviours because they are learnt through personal experiences, gendered power relations, social norms and a sense that intimate partner violence is acceptable. Simply put, perpetrator programmes are based on the belief that people can change. This change, however, is very complex, as it occurs at different levels: individual, relational (microsystem), community (mesosystem), and societal (macrosystem) (Smith, Foran & Heyman, 2014). WWP EN embraces an ecological approach, which emphasises multi-agency cooperation, as well as a coordinated community response, and promotes intervening at these different levels.

Domestic Violence Perpetrator Programmes (DVPPs) are often asked whether they “make a difference” and how they know if their treatments “work”. Ideally, their evaluation procedures help answer these questions. It is challenging to measure, let alone define, what success looks like in perpetrator work. It is important to keep in mind that numbers alone do not always reflect the success of an intervention. Different aspects can influence the numbers which supposedly show whether an intervention “works”. For example, it can be difficult to engage men on voluntary programmes, programmes can find abusive men difficult to retain, and participation in programmes is often low compared to the actual numbers of abusive men in any given society. Furthermore, variables at a more general level, such as a coordinated community response, have an impact on the effectiveness of the intervention. Several authors have extensively discussed the difficulty of defining success, and there have been calls for a new definition to be established (Babcock, Green & Robie, 2004; Westmarland & Kelly, 2012).

There are several reasons why organisations might find it complicated to analyse the impact of their programme:

- Many programmes run on very little resources and therefore the number of working hours is a big issue. Often, resources are used for programme delivery, with programme evaluation being left to one side.

- It can be hard to know how and what to evaluate in a programme. There are many evaluation tools used in more generalist interventions. However, these are often not transferable to DVPPs as they are very specialised in both structure and outcomes measured. Moreover, there are different tools for evaluating different aspects of DVPP outcomes.
- A further layer of complication is that DVPPs are working to see outcomes for a third party, who is not necessarily the client. Programmes working to WWP EN standards are putting the safety of victims (i.e. women and children) first, meaning that the goal of the work is to increase their safety and this should be prioritised at every stage. Accordingly, evaluation also must consider safety issues of (ex-)partners and children. It is not enough to just ask the client about the changes he has made, but the DVPP must also ask survivors the same questions.

To address these issues, the IMPACT Toolkit:

1. **Standardises** the methods and areas of enquiry used in evaluations by providing a toolkit, which programmes can use to analyse their outcomes for perpetrators, their (ex-)partners, and children.
2. **Supports** programmes in monitoring and evaluating the impact of their work by providing users with the structure for a report geared towards showing donors and funders the impact of their work. In this report, programmes analyse their data and outcomes, which allows them to test the effectiveness of the intervention.
3. **Promotes** an increased cooperation with victim support services and encourages facilitators to have individual meetings with men in the programme to enhance the quality of the work.
4. **Enables** programmes to reflect on their practices and introduce improvements needed for a meaningful evaluation.
5. **Creates** a European dataset, combining and comparing data from IMPACT users to learn more about what helps to end intimate partner violence.
6. **Develops** an evidence-based intervention model through the data gathered across Europe.

3.2. Who is it for?

The IMPACT Toolkit is composed of complementary questionnaires for the clients as well as their (ex-)partners affected by violent behaviour.

Some programmes work with young people who use violence or address other kinds of domestic violence, such as child sexual abuse. As different groups require different interventions, have varying risk factors, and use different forms of violence, it is not appropriate to use the IMPACT Toolkit outside of intimate partner violence between adults.

3.3. What does it measure?

The IMPACT Toolkit takes the evaluation process one step further than any other perpetrator programme evaluation. Incorporating the quantitative measurement of the impact of the violent behaviour, it is the first tool to measure a change of the impact of violent/abusive behaviour as stated by the male programme participants and their (ex-) partners (drawing on the COHSAR approach; Hester et al., 2010).

Outcomes you can evaluate with the help of the toolkit are:

- **Behavioural change:**
 - › Decrease in frequency, severity, and types of violence used against clients families
 - › Changes in the impact of the violent/abusive behaviour on the victim/survivor
- **Safety/Well-being:**
 - › Increase in safety and feelings of safety by partners or ex-partners of clients
 - › Decrease in police callouts and (ex-)partners' fear, anxiety, and depression
 - › Increase in the women's well-being
- **Changes in the lives of children (as perceived by the parents):**
 - › Changes of the children's situation (i.e. decrease of institutional involvement, child protection processes deescalating)
 - › Increase in children's well-being
 - › Decrease in impact of violent/abusive behaviour on children
 - › Decrease in feelings of anger towards abusive parent

- **Achievement of the hopes of clients and their partners/ex-partners**
- **Attitude changes in male participants in domestic violence intervention programmes:**
 - › Increase of their motivation to change
 - › Increase in level of responsibility and accountability
- **Perceived changes as a result of the programme:**
 - › Reflection on potential improvements of programme
 - › Information on anything additional

All outcomes are retrieved at five different times:

1. **At first contact (T0)** or as soon as possible after the client is first in touch with the programme (at intake). For partners and ex-partners, this means as soon as the programme has contacted them, again, ideally at the first meeting.
2. **At the beginning of the programme (T1)** with a questionnaire identical to T0 that offers new information at a more advanced treatment stage. Comparing T0 and T1 allows conclusions about early dropout rates.
3. **Halfway through the programme (T2)**, with the exact time depending on the length of the programme.
4. **At the end of the programme (T3)** or when the man stops coming to the programme.
5. **At a six-month follow-up after the programme is finished (T4)** with a questionnaire that explores the stability of the behavioural change achieved during the treatment.

Both the client and their partners or ex-partners fill out the questionnaires and thus give insights into changes over time. Most of the questions are very similar for both parties, allowing for a comparison of the results.

The accounts of (ex-)partners make it possible to measure if the man in treatment increasingly understands the consequences and impacts of his abuse. They also reveal the impact that these changes have on the (ex-) partner and children.

The increased acknowledgement by perpetrators of their own violence, as well as accountability for their actions, is another outcome that the Impact Toolkit can measure. Programmes can gather the following information to measure attitudes towards these issues:

- Why he thinks he was abusive/violent
- His increased understanding of the impacts on his (ex)partner and children
- His increased understanding of her fear
- The hopes and thoughts around his relationship
- His reasons for coming to the programme and what he hopes to achieve (at the beginning of the programme) compared to what he feels he still needs to change at the midway stage and the changes he thinks he has made by the end of the programme.

There may be issues that change over time that are outside of the programmes influence and do not indicate a man's "success" or "failure" to change, for example whether the parties stay together. However, partners are asked if a breakup that happens during the programme has been "amicable", which indicates whether a man has been abusive during the breakup and whether abuse continued post-separation.

At the end of the questionnaires there are some open questions which give perpetrators and survivors the chance to share any suggested changes to the programme or final thoughts. These responses encourage programmes to reflect on their practices and give respondents a space to share information about additional issues they want to highlight.

Therefore, the IMPACT Toolkit allows programmes to gather both qualitative and quantitative data for their evaluation.

3.4. How is it different from other tools?

The IMPACT Toolkit allows perpetrator programmes to monitor and measure programme outcomes in a standardised way, and to compare outcomes from different programmes within the same country, or across European countries.

Additionally, the toolkit helps perpetrator programmes to:

- **Develop a standardised procedure for contacting (ex-) partners.** Moreover, the toolkit emphasises and enhances coordination with the victim/survivor support services in the region.
- **Obtain feedback about procedures and practices,** allowing them to improve the programme and discover flaws that might cause high dropout rates or less effective work.
- **Understand which parts of their programme result in the most change,** how change happens, and which aspects of the programme should be evaluated.
- **Gather quantitative and qualitative data about the programme outcomes,** which in turn helps to establish a follow-up procedure for the programme.
- **Develop a standardised reporting system,** which is reader-friendly and aimed at funders and donors.
- **Provide documentation of the process of evaluation** that the programmes are following, which can be used to lobby at a local and national level.

3.5. How do you use the toolkit?

The questionnaires take about 15–30 minutes to read and complete, depending on the respondents' cognitive abilities.

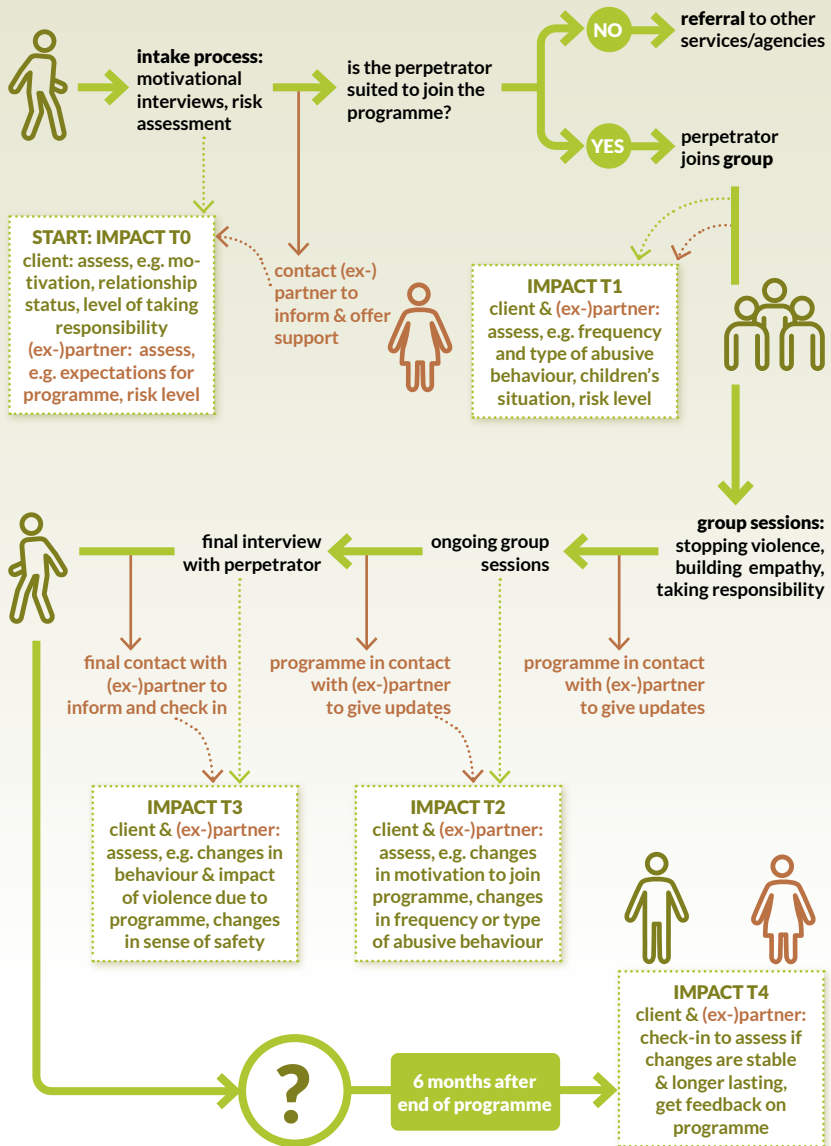
In principle, the IMPACT Toolkit can be used as part of the usual assessment routine. In this case, facilitators ask a simple set of routine questions, like those used during risk assessments, and compile the questionnaire. However, we recommend two alternative ways to complete the questionnaires:

1. Clients can be asked to fill out the questionnaire on their own, and then the answers can be discussed together with the professional in charge.
2. The professionals and clients go through the questions together while filling in the questionnaire. This option is particularly useful with clients who have literacy issues.

The second option is preferable because facilitators can use the questionnaires as more than just questionnaires or assessment tools, but rather as tools for motivational interviewing. This means that the questions can help start a conversation around the violent behaviours that have brought the man to the programme. Therefore, the WWP EN IMPACT Toolkit can have different uses at different points in time. At the beginning, the behaviour checklists help men to start identifying behaviours they had not previously labelled as abusive. As the programme continues, the questionnaires help review the man's ongoing levels of commitment to change and internal motivations. Similarly, for victims/survivors, the questionnaires can encourage them to reflect about their situation and well-being.

When using this method for programmes which are mainly or exclusively based on group work, we recommend that individual sessions be included at the beginning, middle and end of the programme, as well as at specified follow-up times. During these sessions, facilitators fill out the relevant questionnaires with their clients and respond to individual questions or needs.

Example: Perpetrator programme journey with the IMPACT Toolkit



3.6. How can you get access to the toolkit?

As WWP EN has taken over maintenance and development of the IMPACT Toolkit, it is available through the network. WWP EN has copyrighted the toolkit and we ask all programmes interested in using it to contact us. Details are available from Berta Vall (berta.vc@work-with-perpetrators.eu).

Depending on the agreement between WWP EN and the programmes, they are free to use the toolkit as part of their evaluation process after an introduction to the toolkit and training on how to implement it correctly. As part of the conditions of use, programmes are asked to enter the anonymised data from their questionnaires into an online platform, which WWP EN uses to gather cross-European data for research.

The WWP EN IMPACT Toolkit is also available as part of a support package, in which WWP EN offers access to the toolkit, training on how to use the toolkit, and support on data analysis and reporting.

For easy reporting and lobbying, WWP EN has developed several data analysis reports in the form of:

- a. Descriptive reports of overall clients
- b. Reports comparing results from the beginning and end of the programme
- c. Reports comparing those who completed programmes and those who dropped out
- d. Reports on specific couples
- e. Personalised reports according to individual programme needs

WWP EN offers these different reports to programmes who then choose the most suitable ones for them (for more information see <https://www.work-with-perpetrators.eu/impact>).

The IMPACT Toolkit has been translated and adapted to several languages (English, German, French, Danish, Polish, Italian, Spanish, Bulgarian, Croatian, Russian, and Czech). These translations have been completed using a scientifically validated process. In this book, we present the English version. In case a different language is required, please contact us.

3.7. Why is the IMPACT Toolkit copyrighted?

We have made the decision to copyright the IMPACT Toolkit and function as a central contact point for organisations wanting to use it. This decision is based on several points:

1. WWP EN continues to do research and amend the toolkit. Recently, the toolkit has been changed to include questions on cyberviolence, a form of violence which had previously not been included. Programmes who are registered as users with WWP EN receive these updated questionnaires, as well as support in understanding the changes.
2. An evaluation process is only as good as its implementation. How well the IMPACT Toolkit is integrated into the practices of your programmes determines how reliable your data is. To ensure that the feedback and data your organisation gathers gives a good idea of the quality of your work, we support organisations individually in implementing the toolkit.
3. The data gathered through the IMPACT Toolkit is invaluable to reach the aim of safe, effective, and accountable perpetrator work across Europe. Programmes that implement the IMPACT Toolkit through WWP EN contribute to the European dataset we are compiling. The only way to develop evidence-based policy recommendations is with reliable, comparable data.

4. Conclusions

The WWP EN IMPACT Toolkit is a recognised European tool for DVPP evaluation and research on domestic violence perpetrators. It is increasingly used as part of evaluations of perpetrator programmes and network members have started including it as the principal evaluation system in various national funding applications.

For WWP EN, the IMPACT Toolkit strongly connects with our mission to increase the safety of those impacted by domestic violence. Moreover, the IMPACT questionnaires help us compile a European-wide dataset that allows conclusions on what works best in perpetrator programmes and informs policy recommendations. We encourage all programmes that want to be part of this leading endeavour to contact us. We are happy to support you in integrating the toolkit into your everyday practice.

In conclusion, while the IMPACT Toolkit is copyrighted and all users need to contact WWP EN before using it, we strongly encourage the dissemination of its use. This will help all of us accomplish our main mission: increasing the safety of women and children impacted by domestic violence.

5. Additional resources

- **More information on the IMPACT Toolkit**
Additional information on the WWP EN Website: <https://www.work-with-perpetrators.eu/impact>
- **Background on the IMPACT Project and working papers**
Background information on the project and all research papers: <https://www.work-with-perpetrators.eu/projects/project-impact>
- **Expert essay on implementing the IMPACT Toolkit**
“Implementing the IMPACT Toolkit”, practical and detailed guidance written by Casandra Jones: <https://www.work-with-perpetrators.eu/resources/expert-essays>

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7. Sample: Impact Toolkit Questionnaire T0

The following two questionnaires encompass the questionnaires for first contact (T0) with both perpetrator and (ex-)partner. The questionnaires for timings T1-4 are available upon request from WWP EN.Client T0

Client T0

01/13

START of intervention self-evaluation form

Organization Name:

Programme Name:

Client #ID:

Partner #ID:

Date when the questionnaire was answered:

Thanks for completing this questionnaire, which is to help us to make sure we are helping people as well as possible.

First, there are some questions about you – please tick one box for each question only. After that there are 19 questions about why you have come to this programme and what might change as a result. Most need you to answer by ticking or putting a number in a box. Please ask your support worker to help you if you do not understand and give them the completed form.

Your age group:

Under 18

18-21

22-30

31-40

41-50

51-60

Over 60

Employment status:

- Full-time employment
- Part-time employment
- Combining part-time employment with caring for children/family
- Unemployed
- Unemployed and caring for children/family
- In education or training
- Retired
- Unable to work because of sickness
- Something else (please describe):

Income:

- Struggling to pay for the essentials (home, bills, food, child support, travel to work)
- Managing to pay for essentials but nothing left over
- Managing to buy the occasional treat or save sometimes
- Managing regular treats and saving or holiday
- Comfortably managing – don't have to worry
- High income

Are you:

- Male
- Female
- Other

Is your partner/ex-partner (the one you have been abusing):

- Male
- Female
- Other

Do you have (or parent) any children?

- Yes
- No

How many children do you have (or parent)?

- 1
- 2
- 3
- 4 or more

How old is your child / are your children?

Please, tell us how many of your children are in the following age ranges:

- 0–4 (open question, only numbers accepted)
- 5–9 (open question, only numbers accepted)
- 10–14 (open question, only numbers accepted)
- 15–18 (open question, only numbers accepted)

How many of your children are common – yours and your (ex-) partner's, how many only yours and how many only of your (ex-) partner?

Please, tell us how many of your children fall into the following categories:

- common child / children (open question, only numbers accepted)
- only my child / children (open question, only numbers accepted)
- only my (ex-) partner's child / children (open question, only numbers accepted)
- Other (please, specify):

Do you live with the child / children?

Please, tell us how many of your children are in the following situations:

- I currently live with them (open question, only numbers accepted)
- I currently do not live with them (and never have) (open question, only numbers accepted)
- I currently do not live with them, but I have lived with them in the past (open question, only numbers accepted)

How often has any of your children been present in the house (or elsewhere) at least for some time during your violent behavior?

- Never
- Sometimes
- Often

How you came to the programme

How did you come to hear about this programme? Please tick all relevant boxes.

- Poster/internet/other publicity
- Police
- Child protection
- Criminal courts
- Probation
- Civil courts (injunction)
- Civil courts (custody/access)
- Addiction service
- Health – doctor/hospital etc.
- Helpline
- Friends/family/colleagues
- Partner/ex-partner
- Counselling/mental health service
- Relationship counselling service
- Restorative justice
- Religious place (church, mosque, temple etc)
- Somewhere else (please describe):

What are your reasons for coming to the programme? Please tick all that apply.

- I have to come as part of my criminal court sentence or bail or parole conditions
- I have to come because the family court told me to
- I have to come because the child protection services told me to
- I don't want to go back to prison again
- I want to be a better parent to my children
- I want to stop using violence
- I want to stop using abusive behaviour
- I don't want my partner to leave me
- I don't want my partner to be afraid of me
- I don't want my children be afraid of me
- I want my partner/ex to feel safe around me
- I want my relationship to be better
- Something else (please describe):

Behaviour you have used towards your partner/ex-partner

We would like to know if you have behaved in your current or most recent relationship in ways, which caused upset to your partner. We want to know about all of these incidents, even those you may not have considered very serious.

Emotional Behaviour

**How often have you done the following to partner/ most recent ex?
(The one you have been abusive towards.)**

Please answer in both sections:	BEFORE last 12 months			WITHIN last 12 months		
	Never	Some-times	Often	Never	Some-times	Often
Have you insulted or put her down	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Isolated her from friends or family	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Told partner what to do/not do, where to go/not go, who to see/not see	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Made partner feel she had to ask permission to do certain things such as going out, seeing friends, etc. (above and beyond being polite)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Threats to hurt the children	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Made them feel afraid by things you did/said	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Prevented partner/ex from leaving home	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Controlled the family money	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Threats to hurt partner/ex	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Extreme jealousy or possessiveness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Told partner/ex what to wear or not to wear or how to do hair/makeup	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Humiliated/embarrassed partner/ex in front of others	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Have you done any of those behaviours online	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Something else (please describe)		

Physical Behaviour

How often have you done the following to your partner/ most recent ex?
(The one you have been abusive towards.)

Please answer in both sections:	BEFORE last 12 months			WITHIN last 12 months		
	Never	Some-times	Often	Never	Some-times	Often
Slapped/pushed/shoved her	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Kicked/punched her	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Beaten her up	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Burned her	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bitten her	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Restrained her/held her down/tied her up	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Put your hands on her throat or face (trying to choke or strangle or suffocate)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Physically threatened her	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hit her with an object or weapon	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Threatened her with an object or weapon	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Threatened to kill her	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Prevented her from getting help for injuries	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Stalked/followed/harassed her	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Locked her in house or room	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Something else (please describe)		
		

Sexual Behaviour

How often have you done the following to your partner/ most recent ex?
(The one you have been abusive towards.)

Please answer in both sections:	BEFORE last 12 months			WITHIN last 12 months		
	Never	Some-times	Often	Never	Some-times	Often
Touched her in way which caused fear/alarm/distress	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Forced her into doing something sexual she didn't want to	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hurt her during sex	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Disrespected boundaries or safe words	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Refused her request to use contraception or protection for safer sex	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Made her have sex when she didn't want to or didn't stop when she wanted to	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sexually assaulted or abused her in any way	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Threatened to sexually assault/abuse her	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Something else (please describe)		
		

Impact of Abusive Behaviour on your Partner

What impact do you think the above behaviour EVER had on your partner/ ex-partner at any time? Please tick all those you think have ever applied to her as a result of your behaviour.

- Injuries such as bruises/scratches/minor cuts
- Injuries needing help from doctor/hospital
- Didn't have an impact
- She lost respect for you
- Made her want to leave you
- Depression/sleeping problems
- She stopped trusting you
- She felt unable to cope
- She felt worthless or lost confidence
- She felt sadness
- She felt anxious/panic/lost concentration
- She felt isolated/stopped going out
- She felt angry/shocked
- She self-harmed/felt suicidal
- She feared for her life
- She had to be careful of what she said/did
- Made her worried you might leave
- Made her defend self/children/pets
- Made her feel afraid of you
- Something else (please describe):

Why do you think you did any of these things? Please tick all that apply.

- To stop her from doing something
- Because it made you feel in control
- Because she was laughing at you
- Because she betrayed/rejected you
- To make her do something you wanted her to do
- Because you didn't trust her
- Because of your alcohol/drug use
- To stop her from leaving you
- Because you didn't feel good enough/felt insecure
- Because you were jealous/possessive
- Some other reason (please describe):

In the last twelve months, how often have the police been called to your house because of violence/abuse you were using towards your partner/ex?

- Not at all
- Once
- 2-5 times
- 6-10 times
- More than 10 times

THREE.

Your children

11/13

If you have children, please answer which of the following currently applies to your children? Please tick all those, which apply

- I live with my children
- I don't live with my children but I see them regularly
- My ex-partner won't let me see the children
- The courts or state child protection have stopped me from living with my children
- The courts or state child protection have stopped me having contact/ access
- I have applied to the court for contact with our children
- My children have been removed and are being looked after by foster parents
- I don't think our children were affected by the abuse
- One or more of my children is angry or upset with me
- One or more of my children is angry/upset with my partner/ex because of what's happened
- One or more of my children is currently registered with the state child protection as in need of protection because of the violence/abuse in our relationship

FOUR.

Your partner/ex-partner (the one you were abusive to) and your relationship

At the moment, how often do you think your partner/ex is afraid of you?

- Never
- Not often
- Sometimes
- Often
- Always/mostly

What is your relationship status with your partner/ex NOW?

- Together and living together
- Together but living apart
- In the process of splitting up
- The relationship has ended and we are living apart
- I am not sure
- Something else (please describe):

What are your hopes for your relationship with this person in the FUTURE?

- That we will be together and living together
- That this relationship will end
- I am not sure
- I am in another relationship already
- Something else (please describe):

Final thoughts

What do you think you need to change to be non-abusive in intimate relationships?

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Is there anything else you want to tell us?

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Thank you for completing this questionnaire. This information will be used to help us help you stop using violence and abuse. We will use it with you to work out how far you change by the time you stop coming to the programme. We will ask you to complete a similar form when you start the programme, half way through the programme and again at the end or when you stop coming if you stop before the end.

(Ex-)partner T0 START of intervention self-evaluation form

01/11

Organization Name:

Programme Name:

Client #ID:

Partner #ID:

Date when the questionnaire was answered:

Thank you for being willing to help us to measure the impact of our programme on your safety and on your partner/ex-partner's behaviour. We really appreciate your willingness to do this.

This questionnaire is about violent or abusive behaviours you have experienced from your partner or ex-partner since they started attending the programme to stop using domestic violence and abuse. We want to measure any changes and be able to identify if there isn't any change or if things have got worse.

We will ask your partner/ex similar questions on a separate form but your responses are essential for us to get a true picture of what is really happening and to see if your partner/ex-partner is becoming more aware of the impact of his behaviour on you.

We won't show him your responses and we won't tell him anything you have told us. We won't use your name or any identifying details in any reports.

Your safety and well-being are important and you are not to blame for what has happened to you. Please tell the person who gave you this form if you need help or protection or someone to talk to about what is happening or has happened.

Your age group:

Under 18

18-21

22-30

31-40

41-50

51-60

Over 60

Do you have (or parent) any children?

Yes

No

How many children do you have (or parent)?

- 1
- 2
- 3
- 4 or more

How old is your child / are your children?

Please, tell us how many of your children are in the following age ranges:

- 0–4 (open question, only numbers accepted)
- 5–9 (open question, only numbers accepted)
- 10–14 (open question, only numbers accepted)
- 15–18 (open question, only numbers accepted)

How many of your children are common – yours and your (ex-) partner's, how many only yours and how many only of your (ex-) partner?

Please, tell us how many of your children fall into the following categories:

- common child / children (open question, only numbers accepted)
- only my child / children (open question, only numbers accepted)
- only my (ex-) partner's child / children (open question, only numbers accepted)
- Other (please, specify):

Do you live with the child / children?

Please, tell us how many of your children are in the following situations:

- I currently live with them (open question, only numbers accepted)
- I currently do not live with them (and never have) (open question, only numbers accepted)
- I currently do not live with them, but I have lived with them in the past (open question, only numbers accepted)

How often has any of your children been present in the house (or elsewhere) at least for some time during your violent behavior?

- Never
- Sometimes
- Often

Your hopes for the programme

What are you hoping to gain from your partner/ex-partner being on the programme? Please tick all that apply.

- He will stop using violence
- He will stop using abusive behaviour
- My children won't be afraid of him
- I won't be scared of him
- We can end the relationship amicably
- Our relationship will be better
- He will leave me alone
- I will be able to make my own decisions
- I will feel safe around him
- He will be a better parent
- Somewhere else (please describe):

What do you think might stop your partner/ex from changing?

- His drinking or drug taking
- His mental health or emotional state
- Something else (please describe):

TWO.

Behaviour your partner/ex-partner has used against you (violence and abuse)

We would like to know if you have experienced any of the following BEHAVIOURS from your partner/ex-partner (the one who is starting the programme) in the last 12 months and any time before the last 12 months. We want to know about all of these experiences, even those you may not have considered very serious.

Emotional Behaviour

How often have you experienced any of the following from partner/ex?

Please answer in both sections:	BEFORE last 12 months			WITHIN last 12 months		
	Never	Some-times	Often	Never	Some-times	Often
Insulted or put you down	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Isolated you from friends or family	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Told what to do/not to do, where to go/not to go, whom to see/not to see	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Made you feel you had to ask permission to do certain things such as going out, seeing friends, etc. (above and beyond being polite)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Threats to hurt your children	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Made your children feel afraid by things he did/say	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Prevented you from leaving the home	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Controlled the family money	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Threats to hurt you	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Extreme jealousy or possessiveness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Told you what to wear or not to wear or how to do hair/makeup	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Humiliated/embarrassed you in front of others	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Has any of those behaviours happened to you online	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Something else (please describe)		

Physical Behaviour

How often have you experienced any of the following from partner/ex?

Please answer in both sections:	BEFORE last 12 months			WITHIN last 12 months		
	Never	Some-times	Often	Never	Some-times	Often
Slapped/pushed/shoved you	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Kicked/punched you	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Beaten you up	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Burned you	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bitten you	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Restrained/held down/tied you up	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Put his hands on your throat or face (trying to choke or strangle or suffocate)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Physically threatened you	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hit you with an object or weapon	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Threatened you with a weapon	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Threatened to kill you	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Prevented you from getting help for injuries	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Stalked/followed/harassed you	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Locked you in your house or room						
Something else (please describe)		
		

Sexual Behaviour

How often have you experienced any of the following from partner/ex?

Please answer in both sections:	BEFORE last 12 months			WITHIN last 12 months		
	Never	Some-times	Often	Never	Some-times	Often
Touched you in way which caused fear/alarm/distress	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Forced you into doing something sexual you didn't want to	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hurt you during sex	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Had boundaries or safe words disrespected	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Refused my request to use contraception or protection for safer sex	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Made you have sex when you didn't want to or didn't stop when you wanted to	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sexually assaulted or abused you in any way	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Threatened to sexually assault/abuse you	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Something else (please describe)		
		

Impact of Abusive Behaviour

07/11

Please tick all of the ways his past, recent or current abusive behaviour has affected you.

- Injuries such as bruises/scratches/minor cuts
- Injuries needing help from doctor/hospital
- Didn't have an impact
- Lost respect for your partner
- Made you want to leave partner
- Depression/sleeping problems
- Stopped trusting partner
- Felt unable to cope
- Felt worthless or lost confidence
- Felt sadness
- Felt anxious/panic/lost concentration
- Felt isolated/stopped going out
- Felt angry/shocked
- Self-harmed/felt suicidal
- Feared for life
- Felt had to watch what you say/do
- Worried partner might leave
- Defended self/children/pets
- Felt afraid of partner
- Something else (please describe):

In the last twelve months, how often have the police been called to your house because of violence/abuse your partner/ex was using?

- Not at all
- Once
- 2-5 times
- 6-10 times
- More than 10 times

THREE. Your children

08/11

Which of the following currently applies to your children? Tick all those which apply

- My partner lives with me and our children
- My partner/ex-partner doesn't live with me but has regular contact with our children
- I have refused to allow him contact with our children
- The courts or state child protection have told my partner/ex he can't live with our children
- The courts or state child protection have stopped him having contact/access
- He has applied to the court for contact with our children
- My children have been removed and are being looked after by foster parents
- My partner doesn't think our children were affected by the abuse
- One or more of my children is angry or upset with my partner/ex-partner
- One or more of my children is angry or upset with me because of what's happened
- One or more of my children is currently registered with the state child protection as in need of protection because of the violence/abuse in our relationship

FOUR.

09/11

YOUR well-being (this is about YOU, not your partner)

Please tick the statements which most apply to you now.

I feel anxious

- Never
- Not often
- Sometimes
- Often
- Always/mostly

I feel depressed

- Never
- Not often
- Sometimes
- Often
- Always/mostly

FIVE.

10/11

Your partner/ex-partner and your relationship

At the moment. How often are you fearful of your partner?

- Never
- Not often
- Sometimes
- Often
- Always/mostly

What is your relationship status with your partner/ex-partner NOW?

- Together and living together
- Together but living apart
- In the process of splitting up
- The relationship has ended and we are living apart
- I am not sure
- Something else (please describe):

What are your hopes for your relationship with him in the FUTURE?

- That we will be together and living together
- That this relationship will end
- I am not sure
- I am in another relationship already
- Something else (please describe):

SIX.
Final thoughts

11/11

Is there anything else you want to tell us?

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Thank you for taking the time to complete this form – please hand it in to the worker who gave it to you. We will use this information anonymously with researchers but we will not share it with your partner/ex. Please tell the worker who gave you this form if you would like to discuss this or if you need any help or support.

The European Network for the Work with Perpetrators of Domestic Violence (WWP EN)

Founded in 2014, the European Network for the Work with Perpetrators of Domestic Violence (WWP EN) is a membership organisation with members including perpetrator programmes, research institutes, and victim/survivor support services. Today, we unite over 60 members across Europe for a common goal: accountable, effective, and victim-centred perpetrator work.

We believe that gender-based violence violates women's human rights and aim to create a gender equitable world by supporting member organisations in their work with those who choose to use violence in intimate partnerships, predominantly men.

As an umbrella organisation, WWP EN supports its members in offering and developing responsible, victim-focused perpetrator work. As part of our capacity-building, we offer innovative and essential training for perpetrator programmes. Additionally, we work to promote the Istanbul Convention together with a growing network of European and global partners.

To build a European dataset on the effectiveness of perpetrator work and support perpetrator programmes in showing their positive impact, WWP EN offers the IMPACT Outcome Monitoring Toolkit, to which this publication is dedicated.

